

Faculty List (Continued)

Erin D. Michos, MD, MHS, FAHA, FACC, FASE, FASPC

Associate Professor of Medicine and Epidemiology
Associate Director of Preventive Cardiology
Johns Hopkins University School of Medicine
Baltimore, Maryland

Elizabeth O. Ofili, MD, FACC

Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)
Professor of Medicine (Cardiology), Morehouse School of Medicine Chairman ABC Board of Trustees
Past President Association of Black Cardiologists (ABC)
Chief Medical Officer Morehouse Choice ACO
Atlanta, Georgia

Carl J. Pepine, MD, MACC, FAHA, FESC

Professor of Medicine, University of Florida
Chairman Vascular Biology Working Group
Past President American College of Cardiology
Gainesville, Florida

David Perloff, MD, FACC, FACP

Perloff Cardiovascular Care Fort Lauderdale, Florida
President - Florida Chapter American College of Cardiology
Fort Lauderdale, Florida

Marc A. Pohl, MD

Consultant Staff, Department of Nephrology and Hypertension, Cleveland Clinic
Past Head, Section of Clinical Hypertension and Nephrology
Past Director Center for Blood Pressure Disorders
Glickman Urological and Kidney Institute, Cleveland Clinic
Cleveland, Ohio

Tiffany M. Powell-Wiley MD, MPH, FAHA

Co-Chair, Research Committee, ABC
Chief, Social Determinants of Obesity and Cardiovascular Risk Laboratory
Cardiovascular Branch, DIR, NHLBI
Bethesda, Maryland

Jeffrey Sell, MD, FACS

Chief, Cardiovascular Surgery, Sarasota Memorial Healthcare System
Sarasota, Florida

Bola Sogade MD, FAAFP, FACOG

Adjunct Clinical Assistant Professor, Department of Obstetrics and Gynecology and Department of Family Medicine in the Physician Assistant Program, Morehouse School of Medicine
Atlanta, GA
Medical Director ObGyne Birth Center for Natural Deliveries
Robotic Surgeon
Forsyth GA

Felix Sogade, MD, FACC, FHRS

Georgia Arrhythmia Consultant Research Institute
Past Chairman of the Board, Association of Black Cardiologists (ABC)
Macon, Georgia

Laurence Sperling, MD, FACC, FAHA

Professor of Medicine (Cardiology)
Past President of the American Society for Preventive Cardiology
Director of Emory Heart Disease Prevention Center
Emory University School of Medicine
Professor of Global Health Hubert Department of Global Health Rollins School of Public Health at Emory University
Executive Director, Million Hearts
Atlanta, Georgia

Nanette K. Wenger, MD, MACC, MACP, FAHA

Program Co-Director
Vice President, ISCVDP
Professor of Medicine (Emeritus), Cardiology, Emory University School of Medicine
President Society of Geriatric Cardiology 1994-1995
Editor-in-Chief American Journal of Geriatric Cardiology for over 15 years
AHA Chair, Task Force, Heart Education for Women 1990-1999
Past Chief of Cardiology Grady Memorial Hospital
Consultant, Emory Heart & Vascular Center
Founding Consultant, Emory Women's Heart Center
Atlanta, Georgia

International Faculty

Gamila Nasr, MD

Board Member, ISCVDP
Professor and Head of Cardiology Department Suez Canal University
General Secretary of Egyptian Society of Cardiology
President of the Working Group of Preventive Cardiology and Cardiac Rehabilitation

Fausto J. Pinto, MD, PhD, FESC, FACC, FEACVI, FSCAI, FASE

Board Member, ISCVDP
Professor of Medicine, Chief of Cardiology and Dean, Lisbon School of Medicine, University of Lisbon, Portugal
President World Heart Federation (WHF)
Past President European Soc. of Cardiology (ESC)
Lisbon, Portugal

Professor Sir Magdi Yacoub, FRS, FACC

Board Member, ISCVDP
Imperial College London, Heart Science Center
Harefield, Middlesex, United Kingdom

Congress Registration:

Physicians.....	\$250
Prior to Dec. 31, 2021, thereafter \$400	
Other Healthcare Professionals.....	\$150
ISCVDP Members and Previous Attendees limited to 100	
prior to Dec. 31, 2021.....	\$100
Medical Students and Nurses (first 50 registrants), prior to Dec. 31, 2021.....	Free

**Public invited free for Saturday Afternoon session.
Space is limited, must pre-register**

**Optional Lunch and Dinner by Invitation Only:
First 100 Registrants**

Friday, February 4, 2022 Yes, I will attend No, I will not attend

Optional Breakfast & Dinner by Invitation Only:

Saturday, February 5, 2022 Yes, I will attend No, I will not attend

REGISTER

OR



<https://forms.gle/Jz7v9cPw2om8KQG7>

SCAN ME

Make checks payable to:

International Society for Cardiovascular Disease Prevention

and mail to the address below.*

FOR CREDIT CARD PAYMENT CALL (941)366-9805

Name: _____

Title: _____

Address: _____

City: _____ State: _____ Zip: _____

Facility: _____

Phone: _____

E-mail: _____

Name on Card _____

Card No. _____ Exp ____ / ____

ONLY CONFIRMED ATTENDEES WILL BE ALLOWED IN.

***Clip & Send Registration Form & Appropriate Fee to:**

International Society for Cardiovascular Disease Prevention,

PO Box 433, Sarasota, FL 34230.

Attn: M. El Shahawy, MD, Program Director

May also register on line at:

www.iscvdp.org

For additional information, please call **941 366 9800**

or visit www.iscvdp.org or www.cardiologycenter.net

**Travel and Discounted Hyatt Regency Hotel
Arrangements
Please call:**

ADMIRAL TRAVEL at 888 722 3401 or 941 951 1801

1284 N Palm Ave., Sarasota, FL 34236

www.admiraltravel.com

Educational Objectives:

The course is designed to present for participants:

- Current State of the Art Diagnosis and Management of COVID19 Infections
- Review of Novel Approaches for Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Diseases in order to avert or delay a Catastrophic Cardiovascular Event
- Update on Hypertension and Cardiorenal Syndrome
- Update on Treatment Modalities for Ischemic Heart Disease In Women
- Update on Novel Approach for Treatment of Dyslipidemia
- Update on Systematic Approach to Risk Stratification And Screening
- Update on the use of Imaging Modalities for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure

22 Renowned Professors of Cardiology will be the host Faculty for this Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be case presentations to encourage discussion and audience participation

The final take-home message from this Symposium is:

**Time to Focus on Early Cardiovascular
Disease Prevention. Time to be good to your heart:
Early detection for Optimal Prevention.**

Topics:

- State of the Art Update on the COVID 19 Pandemic
- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of Diabetes & Obesity
- New Guidelines in Hypertension and Dyslipidemia
- Current and Future Management of Dyslipidemia and Atherosclerosis
- Women's Heart Disease
- Stroke Prevention in NVAF
- Update on New Guidelines for Treatment of Diabetes, Hypertension, Dyslipidemia and Heart Failure
- Sleep Disorders and Heart Disease
- Update on Cardiovascular Imaging and much more

Meeting Description:

This CME activity is designed for the cardiologist, internist, pharmacists primary care physicians, emergency room physicians, nurses, respiratory therapists and other health care providers who manage patients with cardiovascular disease.

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Florida Medical Association and ISCVDP. The Florida Medical Association is accredited by the ACCME to provide continuing medical education for physicians. The Florida Medical Association designates this live activity for a maximum of 12.00 AMA PRA Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Location: Hyatt Regency

1000 Boulevard of the Arts

Sarasota, FL 34236

Phone:(941) 953-1234



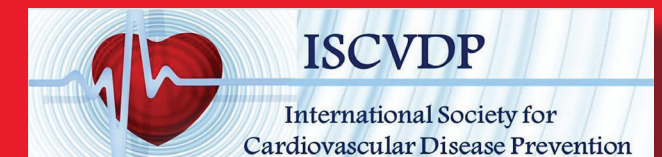
Florida Medical Association



Hotel Accommodations:

Hyatt Regency Hotel

**The Cardiovascular Health Assessment Center
at Cardiovascular Center of Sarasota**
1950 Arlington Street Suite 300
Sarasota, FL 34239 • Phone (941) 366-9800
www.cardiologycenter.net



22/22/22
CONGRESS



CARDIOVASCULAR CENTER OF SARASOTA
FOUNDATION FOR RESEARCH AND EDUCATION

22nd Annual National

CardioSarasota Congress on Cardiovascular
Disease Prevention: Update 2022



CardioSarasota, Florida
Hosted by **22** of the
**Most Renowned Professors
of Cardiology, Nationally
and Internationally**

**Approved for 12 CME
by The Florida Medical Association
Friday - Saturday, February 4-5, 2022**

Hyatt Regency, Sarasota, FL

Jointly Provided by:

The International Society for Cardiovascular Disease Prevention [ISCVDP]
Sarasota Cardiovascular Health Assessment Center
and The Cardiovascular Center of Sarasota Foundation for Research;
and Education and The Florida Medical Association

**Celebrating 47 Years of Preventing
and Treating Cardiovascular Disease in Sarasota Florida**

In Cooperation With:

University of Minnesota, Center for Cardiovascular Disease Prevention,
Sarasota Memorial Healthcare System,
Association of Black Cardiologists (ABC)
and Members of the American College of Cardiology, Florida Chapter



Program Director:

**Mahfouz El Shahawy, MD, MS,
FACP, FESC, FASPC, FASH,
FSCCT, FAHA, FACC**

Program Co-Directors:

Jay N. Cohn, M.D., F.A.C.C.

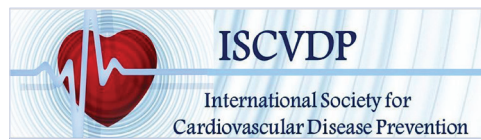
Anthony DeMaria, MD, FACC

**Nanette Wenger MD, MACC,
MACP, FAHA**



Florida Medical Association

**For more details and registration
visit www.ISCVDP.org**



CardioSarasota, Florida 22/22/22

22nd Annual National CardioSarasota, Florida Congress for Cardiovascular Disease Prevention and Optimal Treatment Update

Hosted by 22 of the most renowned National and International Professors of Cardiology

February 4-5, 2022, Hyatt Regency, Sarasota, Florida

12.00 CME Accredited Program by The Florida Medical Association

CME Accredited Program Jointly Provided by: The International Society for Cardiovascular Disease Prevention [ISCVDP], The Cardiovascular Center of Sarasota Foundation for Research and Education, The Sarasota Cardiovascular Health Assessment Center and The Florida Medical Association (FMA)

In cooperation with University of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System, Sarasota Memorial Healthcare Foundation, Association of Black Cardiologists [ABC] and The American College of Cardiology Florida Chapter



FLORIDA CHAPTER

Faculty List

Mahfouz El Shahawy, MD, MS, FACP, FESC, FASPC, FASH, FSCCT, FAHA, FACC, Program Director
President, International Society for Cardiovascular Disease Prevention (ISCVDP)
Fellow American Society of Preventive Cardiology
Clinical Professor of Medicine, Universities of Florida and South Florida
Golden Doctor Diploma University of Vienna Austria 2014
Past Member Board of Trustees American Society of Preventive Cardiology [ASPC]
Past Member Board of Trustees Association of Black Cardiologists [ABC]
Medical Director, Cardiovascular Health Assessment Center
President, Cardiovascular Center of Sarasota
Medical Director and Founder SMH Cardiovascular Disease Prevention Center 2007 - 2010
Sarasota, Florida

Arthur Agatston, MD
Professor of Medicine Florida International University
Past President Society of Cardiovascular Computed Tomography (SCCT)
Miami Beach, Florida

Javed Butler, MD, MPH, MBA
Patrick H. Lehan Chair in Cardiovascular Research
Professor and Chairman, Department of Medicine
University of Mississippi Medical Center
Jackson, Mississippi

Jay N. Cohn, MD, FACC, FAHA
Program Co-Director
Vice President, ISCVDP
Professor of Medicine (Emeritus), Cardiology University of Minnesota
Director, Rasmussen Center for Cardiovascular Disease Prevention
University of Minnesota Medical School
President American Society of Hypertension, 1990-1992
President International Society of Hypertension, 1996-1998
President Heart Failure Society of America, 1995-1998
President International Society of Cardiovascular Pharmacotherapy, 2008-2010
Minneapolis, Minnesota

Anthony DeMaria, MD, FACC
Program Co-Director
Vice President, ISCVDP
Professor of Medicine, Division of Cardiovascular Disease, U.C. San Diego, CA
President American College of Cardiology 1989-1990
Editor in Chief of American Journal of Cardiology 2002-2014
San Diego, California

Andrew E. Epstein, MD, FAHA, FACC, FHRS
Professor of Medicine
Electrophysiology Section, Cardiovascular Division
University of Pennsylvania
Philadelphia, PA
Chief, Cardiology Section
Crescent VA Medical Center
Philadelphia, PA

Keith C. Ferdinand, MD, FACC, FAHA, FASH, FNLA
Board Member International Society for Cardiovascular Disease Prevention (ISCVDP)
Past Chairman Board of Directors Association of Black Cardiologist (ABC)
Professor of Medicine Tulane University
New Orleans, Louisiana

Robert Gillespie, MD, FACC, FASE, FASNC
Director of Nuclear Imaging, Sharp Rees-Stealy Medical Group
Past Chairman of the Board, Association of Black Cardiologists, ABC
San Diego, California

Eric E. Harrison, MD
CEO 501(c)3 Foundations:
The Eddie DeBarolo Society for Bridging Medical Silos, Inc.
The International Society of Cardio-Oncology, Inc
The Eddie DeBarolo International Cardio-Orthopaedics Society, Inc.
Professor of Cardiology, Morsani College of Medicine
Tampa, Florida

Dipti Itchhaporia, MD, FACC
President, American College of Cardiology
Director of Disease Management
Hoag Memorial Hospital Presbyterian, Newport Beach, California
Associate Professor University of California, Irvine

Thomas Kelly, MD, FACS
Secretary/Treasurer, ISCVDP
Cardiovascular Surgeon
Sarasota Memorial Hospital
Sarasota, Florida

Stephen Kopecky, MD, FACC
Asst. Secretary, ISCVDP
Professor of Medicine, Division of Cardiovascular Disease Mayo Clinic
Past President, American Society for Preventive Cardiology (ASPC)
Rochester, Minnesota

Fred M. Kusumoto, MD, FHRS
President, Heart Rhythm Society
Director Heart Rhythm Services Mayo Clinic Florida
Professor and Associate Dean of Faculty Affairs
Mayo Clinic Alix School of Medicine
Jacksonville, Florida

FRIDAY February 4th, 2022, 11:00 AM to 1:00 PM Special Optional Symposia By Invitation Only

The Optional Symposia in the session below is not part of the Florida Medical Association CME Accredited Program

11:00 AM Registration for Optional Symposia by invitation only on Friday and Saturday

Special Optional Symposia, Lunch, Dinner, Breakfast on Current Guideline Directed Treatments for Major Cardiovascular Disease Enhancing Risk Factors with Focus on Current Guidelines and Updates for **A, B, C, D** and much more. This symposia will be presented by world renowned Professors of Cardiology with excellent expertise on current diagnosis and management on the topics addressed which include:

A. (A1c Diabetes) Diabetes as a Major Cardiovascular and Renal Disease Risk Factor

B. (Hypertension) Hypertension is a Major Global Cardiovascular and Renal Disease. Risk Factor: New Guidelines and Strategy for Optimal Treatment

C. (Cholesterol) Dyslipidemia: New Additions to the Toolbox for Optimal Control

D. (Diet/Obesity) Obesity: With and Without Comorbidities is a Disease: Current Diagnosis and Toolbox For Optimal Management

Other Symposia To Be Presented

- Atrial Fibrillation: Current Diagnosis and Management
- Heart Failure: Novel Tools for Optimal Management for Heart Failure Such As: SGLT2i, GLP1 receptor agonist, Vericiguat and much more
- Pulmonary Hypertension
- Novel Anticoagulants and It's Utility Beyond Stroke Prevention: DVT, Pulmonary Embolism and PAD
- Cardiovascular Imaging Modalities Updates with Emphasis on CT, Echo and Nuclear Medicine

12:00-1:00 PM Optional Luncheon Symposium, By Invitation Only
New Additions to the Toolbox for Lipid Lowering.....Speaker TBA

FRIDAY February 4th, 2022, 1:15 PM to 6:00 PM Afternoon CME Session

SESSION I

1:15 PM Registration for CME Program

1:20 PM WELCOME:
M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
David Verinder: President and CEO SMH Healthcare System
Sharon Wetzler DePeters, APRN and Gregory Carter: Current and Past Chairs Sarasota County Public Hospital Board
Professors J. Cohn, A. DeMaria, and N. Wenger: Program Co-Directors

ADVANCES IN THE PAST 12 MONTHS ON OPTIMAL PRIMARY AND SECONDARY CARDIOVASCULAR DISEASE PREVENTION AND TREATMENT
With Focus On Covid-19 and CVD Enhancing Risk Factors
Chairpersons: Drs. J. Cohn, A. DeMaria, M. El Shahawy and N. Wenger

1:40 PM The Role of World Heart Federation (WHF) in Promoting Global Cardiovascular HealthF. Pinto, MD

2:20 PM Novel Drugs for Management of Diabetic Cardio Renal Complications.J. Butler, MD

SESSION I Continued

2:40 PM Lipid Management to Reduce Cardiovascular Risk: To Infinity and BeyondL. Sperling, MD

3:00 PM The Kidney is the Window to the Heart: Current UpdatesM. Pohl, MD

3:20 PM Coffee Break

3:40 PM What Should We Use Today as First Line Drug for Optimal Management of Type 2 Diabetes for Cardiovascular and Renal Protection?.....M. El Shahawy, MD

4:00 PM Atrial Fibrillation: Current Guidelines for Optimal Diagnosis and ManagementF. Kusumoto, MD

4:20 PM Affirm RevisitedA. Epstein, MD

4:40 PM Sudden Cardiac Death PreventionF. Sogade, MD

5:00 PM Current Treatment Modalities for Resistant HypertensionK. Ferdinand, MD

5:20 PM Panel Discussion: Moderators: Drs. T. Kelly, D. Perloff, E. Ofili and N. Wenger PanelistsAll Faculty

6:00 PM Optional Dinner Symposium: Update of the Management of HFpEF By Invitation Only.....Speaker TBA

SATURDAY February 5th, 2022, 6:00 AM to 1:00 PM

SESSION II

6:00 – 7:00 AM Optional Breakfast Symposium Jointly with ABC, by invitation only: Obesity With and Without Comorbidity as a Disease Speaker TBA
Chairpersons: Drs. M. Powell-Wiley, M. El Shahawy

MORNING CME SESSION

REGISTRATION

WELCOME:
M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
Lorrie Welker Liang: President Sarasota Memorial Hospital

ADVANCES IN THE PAST 12 MONTHS ON OPTIMAL PRIMARY AND SECONDARY CARDIOVASCULAR DISEASE PREVENTION AND TREATMENT
Chairpersons: Drs. M. El Shahawy, T. Kelly, M. Powell-Wiley, and N. Wenger

8:00 AM World Heart Federation (WHF) Hypertension Roadmap and World Health Organization(WHO) Guidelines: A Step Towards Better Management F. Pinto, MD

8:20 AM Obesity with and Without Comorbidities is a Disease: Novel Data From Our Center in Sarasota, FloridaM. El Shahawy, MD

8:40 AM How to Identify and Treat Preclinical Metabolic Disease.....A. Agatston, MD

9:00 AM What is an Optimal Cardiac Diet.....S. Kopecky, MD

9:20 AM Secondary Prevention Guidelines for Prevention of StrokeS. Smith, MD

9:40 AM Coffee Break

10:00 AM - 12:00 PM Novel Scoring Systems of Cardiovascular Health Assessment And Modalities for Diagnosis of Cardiovascular Disease with Emphasis on: Early Cardiovascular Health Assessment (ECVHA), Cardiovascular Computed Tomography (CT), Echocardiography and Nuclear Stress Test
A Revised Goal for Cardiovascular Disease Prevention: Identify Early Disease and Slow its Progression.....J. Cohn, MD

10:00 AM

SESSION II Continued

10:15 AM Calcium Scoring in Clinical Practice.....A. Agatston, MD

10:30 AM EchocardiographyA. DeMaria, MD

10:45 AM Cardiac Nuclear Imaging 2022: Does it Still Have Importance?.. R. Gillespie, MD

11:00 AM Non-Alcohol Fatty Liver Disease: The Heart of the Matter.....L. Sperling, MD

11:15 AM Excess Epicardial Fat is a Risk Factor: Novel Data from Our CenterM. El Shahawy, MD

11:30 PM Why is CVD Mortality Rising in Young Women and Men?..... N. Wenger, MD

11:45 PM Panel Discussion: ModeratorsDrs. T. Kelly, M El Shahawy, G. Nasr PanelistsAll Faculty

12:00 – 1:00 PM Optional Lunch Symposium By Invitation Only: Introduction to Kerendia (finerenone) A Treatment for Adults With Chronic Kidney Disease Associated with Type 2 DiabetesSpeaker TBA

SATURDAY February 5th, 2022, 1:00 PM to 6:00 PM Afternoon CME Session

SESSION III

1:00 PM WELCOME:
M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
Thomas Kelly, MD: Board Trustee Sarasota Memorial Healthcare Foundation
Mason Ayres: President Sarasota Memorial Healthcare Foundation

ADVANCES IN THE PAST 12 MONTHS ON OPTIMAL PRIMARY AND SECONDARY CARDIOVASCULAR DISEASE PREVENTION AND TREATMENT
Chairpersons:Drs. A. DeMaria, M. El Shahawy, T. Kelly, F. Pinto and N. Wenger

1:15 PM Patient Engagement in PreventionG. Nasr, MD

1:30 PM The Optimal Diagnosis and Treatment of Cardiac ThrombiA. DeMaria, MD

1:45 PM Secondary Prevention in Complex Patients: How Does Recent Data Change Our ManagementM. Valentine, MD

2:00 PM Cardio OrthopaedicsE. Harrison, MD

2:15 PM Update on Current Cardiac Surgery Program at Sarasota Memorial HospitalJ. Sell, MD

2:30 PM Treatment of Heart Failure: From Straight-line to Complex Network.. M. Yacoub, MD

2:45 PM Coffee Break

Update on Women's Heart Disease 2022

3:00 PM Women and Heart Disease: Emerging Risk FactorsD. Itchhaporia, MD

3:15 PM The Diagnostic Dilemma of Mitral Valve ProlapseA. DeMaria, MD

3:30 PM Women's Heart HealthB. Sogade, MD

3:45 PM Atypical Chest Pain in Women- Warrior TrialC. Pepine, MD

4:00 PM Coronary Artery Calcium for Shared Decision Making in Primary Prevention....E. Michos, MD

4:15 PM Prevention of Heart Failure in Women: A Road Not Yet Optimally TraveledN. Wenger, MD

4:30 PM Panel Discussion: Moderators.....Drs. T. Kelly, A. DeMaria and N. Wenger Panelists All Faculty

5:00 – 6:00 PM Optional Dinner Symposium By Invitation Only: Pulmonary Hypertension Speaker TBA

6:00 – 7:00 PM Optional Dinner Symposium By Invitation Only: Periferal Arterial Disease : Current Diagnosis and Management Speaker TBA